

# KINGSMILLS MEDICAL PRACTICE

## **Important information, please read carefully**

As a practice, we are pleased to offer travel vaccinations and travel health advice. We are providing this additional service which, at the moment, we do not charge for.

Those travelling on package deals to popular tourist resorts are less at risk of travel related diseases than those “trekking” to many countries or for a prolonged length of time, and those that are likely to be some distance from medical aid.

Anyone planning prolonged travel for more than 3-4 weeks i.e trekking, please contact us as early as possible to allow us sufficient time to plan your travel vaccination programme. For routine holiday vaccination enquiries, please contact us 2-3 months in advance. Please, note that it may take up to 14 days to process.

If unable to contact us well in advance, or unable to attend appointments that we are able to offer, you can book an appointment with R S Occupational Health Ltd. If you contact them on tel 01463 513 100, they will be able to explain their charges and appointment system.

In the meantime, if you have any enquiries you may find the web site listed below useful:

<http://www.fitfortravel.scot.nhs.uk/>

For travel within Europe, you can obtain an EHIC card free from:

<http://www.nhs.uk/NHSEngland/Healthcareabroad/EHIC/Pages/about-the-ehic.aspx>

### **Collection and storage of Vaccines:**

#### **EITHER:**

**Collect from chemist before coming in for appointment. Phone' chemist before collecting, to make sure that they have vaccine in and ready for collection, and allow plenty of time before your appointment.**

#### **OR:**

**Collect from chemist and hand in to surgery. However, in case of a fridge failure, resulting in vaccines having to be discarded, you will be responsible for the cost of replacing your vaccines.**

**Please, note that it is your responsibility to contact the surgery to find out what vaccines you may need, and to make any appointments required.**

# PRE-TRAVEL QUESTIONNAIRE/RISK ASSESSMENT

## PATIENT DETAILS

Date form completed ..... (date)

Name .....

Address .....

Date of birth .....

Weight of children .....

GP .....

## TRAVEL DETAILS

Tel .....

Email .....

When are you travelling? (date)

Where are you going, including stopovers?

How long will you stay at each destination?

Type of trip: Reason/Proposed activities

If Holiday: What kind of holiday? (for example: tourist resort, back-packing)

If Work: What kind of work?

Type of accommodation (for example: hotel, self-catering, camping)

Rural/urban or both

Access to medical facilities?

## MEDICAL HISTORY (past and present)

Acute illness/current medical problems, infections:

Chronic illnesses (long-term, ongoing), such as Asthma, Heart Disease, Diabetes, Epilepsy:

Pregnancy or planning within 3 months of trip (breastfeeding):

Psychological/psychiatric problems, including depression:

Current Medication

Allergies

Previous Immunisations

**PATIENT DETAILS**

Name .....

Date of birth .....

Address .....

**Patient Information - To be completed by the nurse**

Vaccine	Presc Done	Rec or consider	Given	Due	Given	Due	Given	Protected for (years) or Other comments
Diphtheria/ Tetanus/Polio								
Hepatitis A								
Typhoid								
Hepatitis A/ Typhoid								
Hepatitis B								
Hepatitis A/ Hepatitis B								
Rabies								
Japanese Encephalities								
Yellow Fever								
Tickborne Encephalitis								
Men ACWY								
Malaria								
BCG								
MMR								

- Collect prescription and take to chemist  
Please, see front page for instructions on storage of vaccines
- Make 10 minutes appointment with the nurse, at least ..... prior to travel
- Make 20 minutes appointment with the nurse, at least ..... prior to travel
- Will/may need more than one appointment
- Needs to come in asap
- No action required

In order to ensure patient safety, sufficient time needs to be allowed for appointments. Patients need to know exactly where they are going, when attending their appointments; ie not just country, but which part of each country.

Website with information for patients: <http://www.fitfortravel.scot.nhs.uk/>

**COMMENTS**

Nurse completing form:

Date form completed: